

# Mountain Food Products

## 2023 Multi-Farm CSA

Mountain Food Products is accepting members for our **2023 Multi-Farm CSA!** Being a multi-farm CSA, we source produce from an array of farms in Asheville and the surrounding areas to offer you a wide variety of fresh, local produce. As a member, you will receive a box of produce each week throughout the growing season, delivered to a convenient location near you.



### How Does It Work?

CSA stands for *Community Supported Agriculture*, and is an investment at the beginning of the season that pays off every week throughout the growing season. There are two share sizes to accommodate different households: our small share contains 5-6 items and feeds 1-2 people, while our large share includes 9-10 items and feeds to 2-4 people. You can expect items such as strawberries and radishes in the spring, tomatoes and peppers during the summer, and squash and apples in the fall. Expect a great variety and some fun surprises too!



CSA boxes are delivered *every Thursday*, starting May 25<sup>th</sup> and running through October 26<sup>th</sup>. That's *5 months* of fresh, local produce! A list of farm names will accompany each box and you will also receive a weekly e-mail with recipes to provide some inspiration!

### Where Can I Pick Up My Share?

We offer multiple pick-up locations throughout Asheville, so choose the one that's the best fit for you. We also offer delivery to your workplace if you have 6 or more people interested in signing up for the CSA.

- **Archetype Brewing** – West Asheville, 265 Haywood Road, 3-9PM
- **Mother Bread** –Downtown / South Slope, 244 Short Coxe Ave , 2-7PM
- **Hi-Wire 'Big Top'** – Biltmore, 2A Huntsman Place, 3-10PM
- We also offer deliveries to your workplace with 6 or more sign ups!

*Boxes at Archetype and Hi-Wire will be held until close of business Friday. Please pick up your boxes during business hours only.*

### How Do I Sign Up?

Fill out our sign up form and mail your check to the address below. Or you can visit our website to pay with a card!

*\*3% fee added for card payments\**  
[www.mountainfoodproducts.com](http://www.mountainfoodproducts.com)

Mail your checks to:  
*Mountain Food Products,  
P.O. Box 17247, Asheville, NC 28816*  
For more information, contact  
[csa@mountainfoodproducts.com](mailto:csa@mountainfoodproducts.com)

### SHARE SIZE + PRICING

Sign up by April 15<sup>th</sup> for early bird pricing!  
Regular prices apply starting April 16<sup>th</sup>

<b>SMALL SHARE</b>	<i>early \$440 / reg \$475</i>
<b>LARGE SHARE</b>	<i>early \$740 / reg \$770</i>
<b>EGG SHARE ADD-ON</b>	<i>full \$143 / half \$71.50</i>
	<i>1 dozen local, free range eggs</i>

*payment plans available – email  
[csa@mountainfoodproducts.com](mailto:csa@mountainfoodproducts.com) for more info*