

# Mountain Food Products 2020 Multi-Farm CSA

Mountain Food Products is accepting members for our **2020 Multi-Farm CSA**! Being a multi-farm CSA, we source produce from an array of farms in Asheville and the surrounding areas to offer you a wide variety of fresh, local produce. As a member, you will receive a box of produce each week throughout the growing season, delivered to a convenient location near you.



## How Does It Work?

CSA stands for *Community Supported Agriculture*, and is an investment at the beginning of the season that pays off every week throughout the growing season. There are two share sizes to accommodate different households: our small share contains 5-6 items and feeds 1-2 people, while our large share includes 9-10 items and feeds to 2-4 people. You can expect items such as strawberries and radishes in the spring, tomatoes and peppers during the summer, and squash and apples in the fall. Expect a great variety and some fun surprises too!



CSA boxes are delivered *every Thursday*, starting May 28<sup>th</sup> and running through November 19<sup>th</sup>. That's *26 weeks* of fresh, local produce! A list of farm names will accompany each box and you will also receive a weekly e-mail with recipes to provide some inspiration!

## Where Can I Pick Up My Share?

We offer multiple pick-up locations throughout Asheville, so choose the one that's the best fit for you. We also offer delivery to your workplace if you have 6 or more people interested in signing up for the CSA.

- **Archetype Brewing** – West Asheville, 265 Haywood Road, after 3PM
- **The Fresh Quarter** – Downtown, inside Grove Arcade, after 2PM
- **Hi-Wire 'Big Top'** – Biltmore Village, 2A Huntsman Place, after 3PM
- We also offer deliveries to employees of **New Belgium, Mission Hospital's Cancer Center, Asheville Cardiology, and Reuter Children's Hospital**

*Boxes at Archetype Brewing, Fresh Quarter, and Hi-Wire 'Big Top' will be held until close of business Friday. Please pick up your boxes during business hours only.*

## How Do I Sign Up?

Download a sign-up form on our website [www.mountainfoodproducts.com/csa](http://www.mountainfoodproducts.com/csa) and mail the completed form, along with a check to:  
*Mountain Food Products,  
P.O. Box 17247, Asheville, NC 28816*  
For more information, contact [csa@mountainfoodproducts.com](mailto:csa@mountainfoodproducts.com)

## SHARE SIZE + PRICING

Sign up by March 31<sup>st</sup> for early bird pricing!  
Regular prices apply starting April 1<sup>st</sup>

<b>SMALL SHARE</b>	early \$365 / reg \$385
<b>LARGE SHARE</b>	early \$675 / reg \$695
<b>EGG SHARE ADD-ON</b>	early \$130 / reg \$135
	1 dozen local, free range eggs

*payment plans available – email [csa@mountainfoodproducts.com](mailto:csa@mountainfoodproducts.com) for more info*